



# NECK AND BACK EVALUATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

1. How long has your back bothered you? \_\_\_\_\_ days \_\_\_\_\_ weeks \_\_\_\_\_ months

2. Is this due to an accident? \_\_\_\_\_ If yes, when did it occur? \_\_\_\_\_

Where did it occur? (Include address) \_\_\_\_\_

3. Did this injury happen at work? \_\_\_\_\_

4. Who has treated you for this condition? \_\_\_\_\_

Address: \_\_\_\_\_

5. What treatment and/or medication have you received for this condition? \_\_\_\_\_

6. Is the pain in your low back? \_\_\_\_\_ middle back? \_\_\_\_\_ between your shoulder blades? \_\_\_\_\_

Or in your neck? \_\_\_\_\_

7. What activities/positions make your pain worse? \_\_\_\_\_

8. What activities/positions make your pain better? \_\_\_\_\_

9. Do you have headaches associated with the above pain? \_\_\_\_\_

10. Do you have weakness in your arms or legs? \_\_\_\_\_

11. If you cough or sneeze, does the pain increase? \_\_\_\_\_

12. Have you had recent unexplained weight loss? \_\_\_\_\_ loss of appetite? \_\_\_\_\_ fever or chills? \_\_\_\_\_

13. Have you ever had any problems with your back prior to this episode? \_\_\_\_\_ If so, when? \_\_\_\_\_

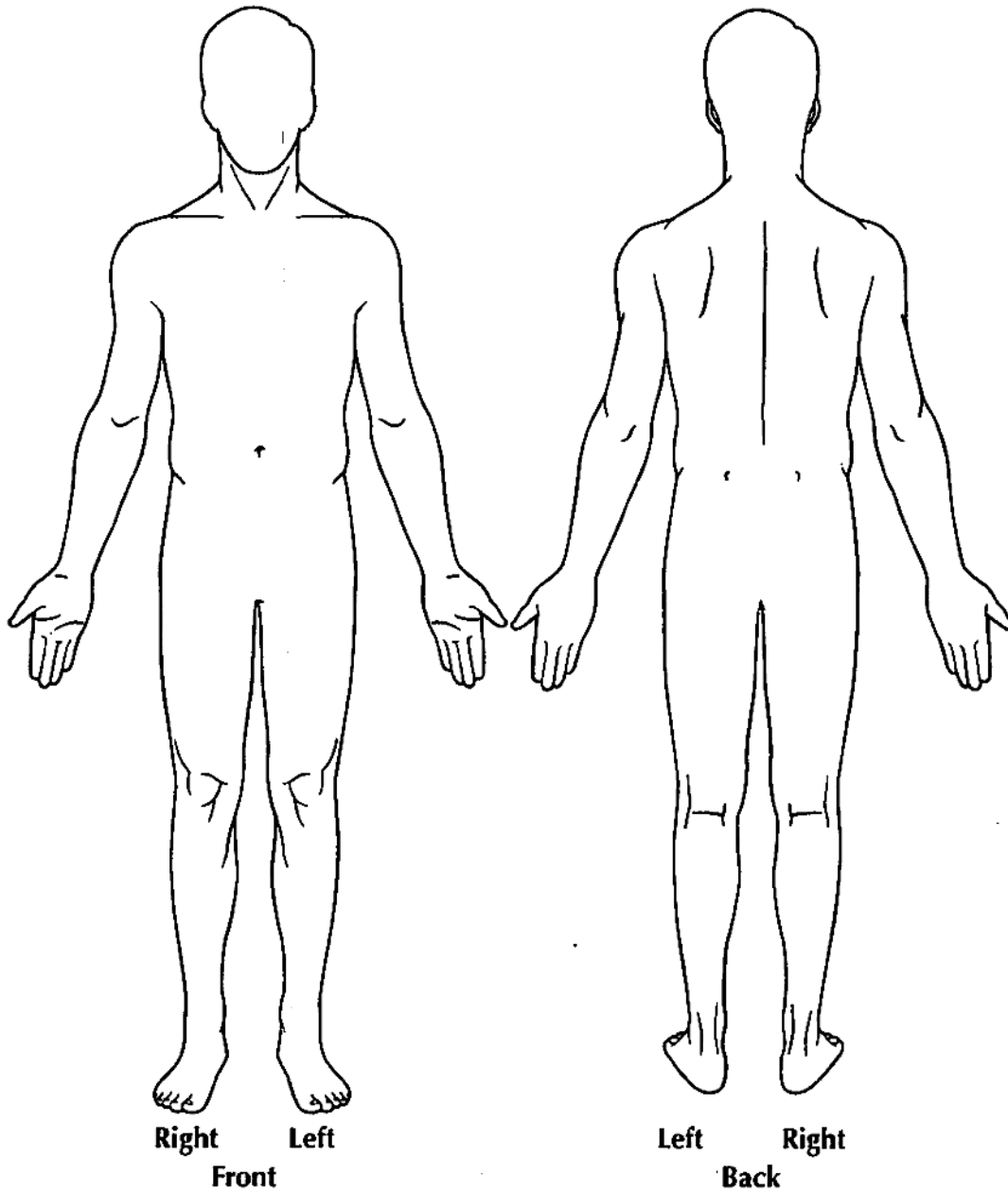
14. Have you ever had surgery performed on your back? \_\_\_\_\_

15. If so, when? \_\_\_\_\_ Who was the surgeon? \_\_\_\_\_

Where was the surgery performed? \_\_\_\_\_

Please use these symbols to mark your areas of pain and/or numbness on the front and back drawings of this body:

X = Pain    0 = Numbness



Please circle the number below which best represents your level of pain on most days:

